

THE EFFECTS OF SENSORY-BASED PARAPROFESSIONAL AND TEACHER TRAINING Dominic Catipon Balino, OTD/S • Faculty Mentor: Elise Leizerovich, OTD, OTR/L • Site Mentor: Rebekka Manzella, MSOT, OTR/L

DCE SITE DESCRIPTION

- VILLA ESPERANZA SERVICES (VES) is a unique non-profit service provider that serves individuals and families with intellectual and developmental disorders throughout the lifespan VILLA
- Mission Statement: "To provide love, care, and hope for children, adults, and seniors with intellectual and developmental disabilities and their families. We create a transformative environment to empower neurodivergent individuals to reach their fullest potential and lead fulfilling lives" (VES, 2022)

SUMMARY OF NEEDS ASSESSMENT

- 1. Establishment of student transitional curriculum from Villa Esperanza School
- 2. Improve standards of practice to support students within the classroom
- 3. Development of curriculum for onboard paraprofessional training

LITERATURE REVIEW

COMMON THEMES

• Studies stress the need for defined job descriptions/roles, training, and supervision for paraprofessionals in special education

(Mason et al., 2021; Zobell & Hwang, 2020)

- Specialized sensory-based training and professional development for paraprofessionals can improve student performance
- (Brock et al., 2021; Stockall, 2014; Quinn et al., 2022; Wild & Steeley, 2018)

LITERATURE GAPS

• Limited research on sensory-based training, small sample sizes, and challenges of isolating variables urging further research in education

LEARNING OBJECTIVES

- 1. Develop a sensory-based paraprofessional and teacher training program
- 2. Implement and evaluate the effectiveness of the program
- 3. Develop advanced practice skills in school-based pediatrics

PROJECT DESCRIPTION

PURPOSE Enhance paraprofessional and teacher knowledge of sensory integration and processing disorders, providing practical strategies for supporting students with special needs in school settings.

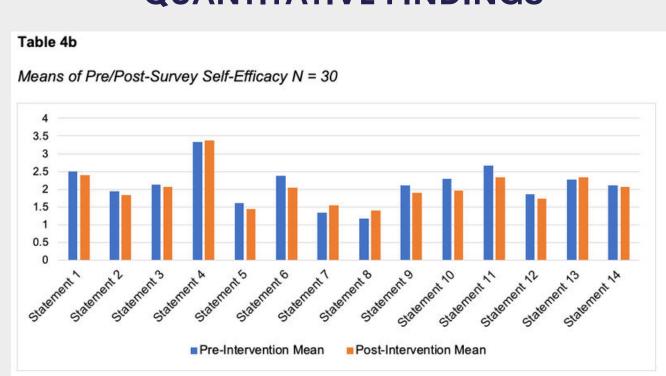
LEARNING OBJECTIVES

- 1. Sensory Program Development and Implementation
- 2. Program Evaluation
- **3. Advanced Clinical Practice Skills**

PROGRAM STRUCTURE Participants completed a pre/post-survey, a five-hour sensory training, including topics on "Sensory Fundamentals," "Sensory Equipment Lab," "Carrying Out Sensory Diets," and "Classroom Collaboration Meetings" and post-intervention interviews

PARTICIPANTS 30 participants (23 paraprofessionals, three lead paraprofessionals, and four teachers) employed at Villa Esperanza School for the 2023–2024 academic year

PROJECT OUTCOMES



Note. Likert-Scale Key: 1 = Strongly Agree, 2 = Agree, 3 = Neutral, 4 = Disagree, 5 = Strongly Disagree

Statistically Significant Improvements:

- Perceived Sensory Diet Effectiveness (6)
- Knowledge of Seven or More Sensory Strategies (11)

Approaching Statistical Significance:

• Using Sensory Strategies as Initial Response(10)

Positive Changes Post-Intervention:

- Sensory Knowledge Self-Efficacy (1)
- Understanding Student-Specific Sensory Needs (2)
- Sensory Diet Adherence (3)

Mixed results were observed in other areas, suggesting room for further program refinement.

QUANTITATIVE FINDINGS

ESPERANZA

SERVICES

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QUALITATIVE FINDINGS

Reintroduction of Sensory Fundamentals

"It was a lot of good information... Because of everything we have to do it's easy to forget. A lot of the information you gave brought it back to the forefront of my mind."

Improved Decision-Making and **Rationale Due to Resource Accessibility**

"It [sensory information and diets] gives me more strength when I'm telling them [the instructional aides] the reasons for why these students need that. Things are a lot easier with the information and what you gave us."

Need for Further Training in **Sensory-Based Information**

"I didn't know how to do that [specific sensory interventions] before... I have the confidence to be able to use them [the sensory tools] and would like more [opportunities] to learn more."

DISCUSSION/IMPLICATIONS

ALIGNING QUANTITATIVE AND QUALITATIVE DATA

- reintroduction of sensory fundamentals
- accessibility

IMPLICATIONS FOR FUTURE INTERVENTION:

- effectively.

ACKNOWLEDGEMENTS

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DELIVERABLE PRODUCTS



SCHOLARLY DELIVERABLES

• Significant improvement in participants' perception of sensory diet effectiveness corresponded with qualitative themes emphasizing the

• Qualitative findings highlighted the positive influence of resource accessibility on decision-making processes, reinforcing the practical significance of intervention components aimed at enhancing resource

• Integration of quantitative and qualitative data offers a comprehensive understanding of intervention effectiveness and implications. • Findings suggest areas for improvement, such as refining intervention strategies and providing ongoing training to address sensory needs



EVALUATION DELIVERABLES



REFERENCES